What I take

Medications and supplements, read from the labels

Sample Patient (made-up data)
Born Apr 9, 1961
As of Nov 27, 2026

MEDICATIONS

4 listed

NAME	ON THE LABEL, PER SERVING	HOW IT IS TAKEN
Levothyroxine 50 mcg Prescription	Levothyroxine Sodium 50 mcg	1 tablet, 6:30 AM
Lisinopril 10 mg Prescription	Lisinopril 10 mg	1 tablet, 8:00 AM
Warfarin 5 mg Prescription	Warfarin Sodium 5 mg	1 tablet, 6:00 PM
Ibuprofen 200 mg Over the counter	Ibuprofen 200 mg	As needed

SUPPLEMENTS

4 listed

NAME	ON THE LABEL, PER SERVING	HOW IT IS TAKEN
Example Brand Calcium + D3	Calcium (as calcium carbonate) 600 mg; Vitamin D3 20 mcg	1 tablet, 8:00 AM, with food
Example Brand Fish Oil	Fish Oil Concentrate 1,200 mg; EPA 360 mg; DHA 240 mg	1 softgel, 8:00 AM and 6:00 PM, with food
Example Brand Magnesium Glycinate	Magnesium (as magnesium bisglycinate) 200 mg	2 capsules, 9:30 PM
Example Brand Potassium	Potassium (as potassium gluconate) 99 mg	No schedule set

COMBINATIONS TO REVIEW

2 found, most serious first

LEVEL	BETWEEN	WHAT THE REVIEWED SOURCE SAYS
High	**Fish Oil Concentrate (Example Brand Fish Oil) and Warfarin Sodium (Warfarin 5 mg)**	Made-up sample row. On a real list this column gives a short summary of what the reviewed source says about the two items. Source: name of the source.
Moderate	**Calcium (Example Brand Calcium + D3) and Levothyroxine Sodium (Levothyroxine 50 mcg)**	Made-up sample row. Each row names the two items, the ingredient that matched on each side and the level in Pilora's database. Source: name of the source.

Only combinations in Pilora's reviewed database are listed. One that is not listed is not proven safe. Combinations with food and drink are left out.

For the clinician
The patient scanned both sides of each bottle and the app read the label. How the list is made, where the interaction data comes from and what the app does not do: pilora.app/clinicians